## Code of Conduct - GCSE PE Trip 2020- High Adventure OEC 13.03.20-16.03.20

## General Expectations

For the visit to be both beneficial and enjoyable for all, you are expected to:

- behave responsibly and show consideration for others, including fellow pupils, staff and members of the public.
- comply with all instructions from staff, instructors \& leaders from High Adventure.
- look after your own possessions and anything you borrow.
- keep all facilities clean, tidy and undamaged.
- abide by any rules and regulations of the places we visit.
- in the event of an emergency, follow emergency procedure instructions.
- not purchase, possess or consume alcohol.
- not purchase, possess or use tobacco.
- understand that the possession and use of non-prescribed drugs and/or illegal substances is strictly forbidden.
- inform staff if you have any medical conditions or injuries.
- inform a member of staff if you have any concerns about safety or security.
- report any damaged or unsafe equipment.
- wear appropriate clothing.


## On the mini-bus/coach

- remain in your seat, unless given permission to do otherwise.
- wear your seat belt at all times
- stow luggage on the luggage rack or under the seat. Luggage should not block the aisle.
- put litter in the bags/bins provided.
- do not distract the driver - no shouting out, no flash photography etc.
- if you begin to feel travel sick, inform a member of staff.
- when disembarking, be aware of traffic movement and direction.


## Motorway service stations etc.

- follow instructions from staff about where you are allowed go and how long you may spend in the service station.
- be back on the mini-bus/coach at the given time.


## At the accommodation

- read and understand all instructions about fire and safety procedures.
- know the location of duty staff.
- not leave the premises unless taking part in the designated activities (cycling/climbing).
- comply with any instructions about permission to leave the accommodation.
- comply with any instructions about access to parts of the accommodation.
- not use balconies .
- comply with instructions about access to other people's bedrooms.
- arrive on time for meals and meetings.
- comply with any restrictions on the use of mobile phones, smartphones, tablets, cameras, music players, etc.
- comply with any restrictions on internet access, and viewing TV, videos and DVDs, etc.


## Activities

- remain in your designated group.
- know which member of staff is your nominated leader.
- when unaccompanied by staff, ensure that you understand any instructions and limitations.
- always carry the emergency contact number.
- comply with the instructions of the designated instructor.
- meet at expected times \& at the appropriate place
- helmets must be worn when cycling/climbing.


## Sanctions

Failure to comply with this Code of Conduct may result in the implementation of the following sanctions:

- A loss of certain privileges on the trip - loss of 'free' time, exclusion from certain activities.
- A phone call home to parents/carers
- If it was felt necessary by the supervising staff on the trip, parents/carers would be expected to travel to collect their child/children.

I agree to abide by the above Code of Conduct.

Young Person Signature. Date

Parent/Guardian Signature $\qquad$ Date $\qquad$

