



Spalding High School

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Headmistress Mrs. M. Anderson, B.Ed



17th January 2020

Dear Parent/Carer

RE: GCSE PE TRIP TO HIGH ADVENTURE OUTDOOR EDUCATION CENTRE, 13th-16th MARCH 2020 (ROCK CLIMBING & ROAD CYCLING)

Just a reminder that the trip will depart from Spalding bus station on Friday 13th March at 6.00am. All pupils will require a packed lunch and refreshments on the first day of the trip. Thereafter, all food and drink is provided by the centre. In previous years, we have returned at approximately 7.00pm on the final day (return venue = Spalding bus station).

I will be holding a pre departure meeting on the evening of Wednesday 26th February, 6.00pm-6.30pm in the school hall to answer any questions or queries regarding the trip.

Please find below venue details and emergency contact numbers for the above trip:.

VENUE: HIGH ADVENTURE OUTDOOR EDUCATION CENTRE, 233 KEIGHLEY ROAD, COWLING, KEIGHLEY, WEST YORKSHIRE BD22 0AA, 01535 630044

GROUP LEADER: MR L FARRELL-EMERGENCY CONTACT NUMBER = 07982977363

Finally, please complete and return signed copies of the medical consent form and code of conduct, as well as paying any outstanding balance for the trip by 14th February 2020.

If you have any further questions please do not hesitate to contact me.

Yours sincerely

Mr Farrell
Head of PE

PS I have uploaded a copy of the kit list and itinerary to the High School website. Risk assessments for all activities, as well as lots of other useful information can be found on the High Adventure Outdoor Education Centre website at www.highadventureoec.co.uk