

# Support available to pupils at Spalding High School

## **Year 7:**

### ***Peer mentors:***

These are Sixth Form pupils who have volunteered and been trained by pastoral staff to support Y7 in various ways.

- They attend the intake evening and induction day as well as being present during tutor time on the first day of Y7.
- Every Thursday morning they are present in forms to support pupils.
- Monday and Thursday lunchtimes peer mentors provide a listening service in the Jackson Room at lunchtime.

### ***School nurse:***

- An assembly is held in September as an introduction to the service provided and information given about the drop-in clinics.

### ***Tutor – parent consultations:***

- At the end of September Parents/Carers are invited into School to discuss their daughter's progress so far in Y7 with the form tutor.

## **Year 8:**

### ***Support staff:***

- In tutor time each day there is a member of support staff, this enables some individual mentor support for identified pupils as well as more adult support for all.

## **Year 9, 10, 11, 12 & 13:**

### ***Individual interviews:***

All pupils have individual interviews with senior staff to discuss the following

- their progress,
- their strengths,
- extra-curricular activities they participate in,
- plans for the future,
- any issues or concerns a pupil may have.

Identified issues are followed up with tutors, subject staff and Heads of Department, further support is implemented if necessary.

## **Years 10 & 11:**

### ***Tea and chat:***

- An opportunity to socialise with other pupils and talk to staff whilst relaxing and having a cup of tea – used to provide stress management.

### ***Walking club:***

- An opportunity to get outside on a lunchtime to unwind, get fresh air and participate in physical activity – all proven to improve mental well-being.

### ***Funday Friday:***

- Every Friday tutor time forms compete against each other in silly challenges to gain points and have a bit of fun.

### ***Pastoral mentors:***

- Current Y11 pupils volunteer to provide support during tutor time to Y10 pupils – discussions are centred around what to expect in Y10, best ways to have a positive experience and any other questions/situations pupils wish to discuss. Mentors liaise with the Y10 form tutor.

## **General:**

- School counsellors (2 days a week)
- Art therapy
- School nurse and drop-in
- Learning mentors – provide homework support in the library
- Library homework club after school
- Extra-curricular clubs and activities
- Subject specific clinics held on lunchtimes or after school
- Friendship group (Friday)
- Form tutors
- Subject staff
- Pastoral staff
- Pupil support co-ordinator
- Academic Support Plans
- Pastoral support plans
- Progress card
- Tracking card
- Homework tracking card
- EHA and TAC process