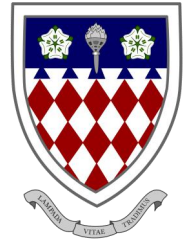


Spalding High School

Weekly Bulletin

17th October 2024



Hello Yellow Day is now an established and important part of the SHS School calendar. This is not just a day recognised by our School, but also coincides internationally with the United Nations World Mental Health Day. I have been teaching for a very long time now, and one of the worrying trends over recent years has been the increase in students (and staff) dealing with issues of emotional well-being and mental health. However, whilst the numbers appear to have increased over the years, so has our willingness and ability to shine a spot light on the issue, possible causes and potential support strategies. When I first started teaching, emotional well-being and mental health were rarely, if ever discussed, people often felt they were 'on their own' or not 'good enough' or 'right' because of how they felt. Thankfully the door has been opened widely now and the light shines brightly on the issues we all face at some time or another. Students will be familiar with these issues being common topics for my assemblies and the notions that the more we talk about issues, the less likely we are to feel alone or broken. Students will also be familiar with my promotion of interests and hobbies as a means of feeding our creative souls and giving our brains some distraction and headspace away from day to day challenges and worries. So, as half term approaches I would again encourage everyone, students and staff alike, to take a step away from the demands of School and spend some time on whatever interests you creatively, artistically, physically or emotionally and just enjoy yourself and your time over the holiday. Take a leaf out of the books of some of our students in this week's bulletin and celebrate yourself as an individual. Enjoy!

M K Anderson, Headmistress

Student of The Week

Please find below the latest 'Student of the Week' nominations. Nominations can be made by both teaching and support staff and can be subject related or community focused.

Form	Student	Staff	Reason
7J	Chivirinen Tivkaa	Mrs Nowak	Mathematics
7P	Myll Mahilom	Mrs Knowles	German
7S	Elana Fince	Miss Bailey	German
7S	Evelyn Jesson	Mrs Lees	Library
8J	Maja Polonskaite	Mr McAlinden	History
8J	Grace Mulligan	Mr Wright	Science
8N	Francesca Gorman	Miss Hammond	Drama
8P	Riamae Boswell	Mrs Chandler	Library
8S	Kathryn Jesson	Mr Garbett	Music
8S	Rosie Repper	Mrs Bennett	Community
8S	Umayyah Muhammed	Mrs Bennett	Geography
9J	Emily Venclovaite	Miss H Jones	Physical Education
9J	Emily Webster	Mrs Schwarz	Textiles
9N	Lilia Lancashire	Mr Fovargue	Computer Science
9N	Hollie Duffill	Mrs Clay	French
9N	Rimsha Fatima Halani	Mrs C Aurikko	Community
9P	Annie Clough	Mr Ganger	Mathematics
9P	Roxy Acton	Mrs Dowson	English
9P	Arjanya Das	Mrs T Waldron	Biology
9S	Scarlett Norman	Mrs F Barats	French
10C	Phoebe Hedaux	Miss O'Sullivan	English
10C	Izzie O'Brien	Mrs Lord	Mathematics
10J	Sophie Callow	Mrs Bushell	German
10J	Izzy Herring	Mrs Neal	Community
10J	Melody Busveid	Mrs Neal	Art
10N	Eden Sole	Mrs Spinks	Mathematics
10N	Lena Szypowska	Miss White	Chemistry
10N	Ellen Wright	Mrs Busfield	Biology
10S	Amy Green	Mrs C Aurikko	Chemistry
11C	Yashica Aryan	Mrs Tanner	Art
11C	Julia Wawro	Mrs Jones	Community
11J	Zara-Jayne Odell	Mrs Martindale	Biology
11N	Naomi Harte	Mrs Jones	Latin
11P	Lily Bull	Mrs J Lord	English Literature
11P	Charlotte Hall	Mrs Busfield	Community
6AB	Izzy Wright	Miss McArthur	Religious Studies
6AF	Roisin Williams	Mrs H Waldron	Community
6JL	Jasmine Jacklin	Mr Hempsall	History
6JL	Fiona John	Mrs Lees	Community
6JL	Zahra Shah	Mrs J Lord	Community
6KM	Kosar Zahir	Mrs H Waldron	Religious Studies
6LM	Libby Blackburn	Ms Jeffrey	English Literature

Attendance

Working Together to Improve School Attendance

We are pleased that so many students have 100% attendance so far this term. Excellent attendance is essential for students to get the most out of their school experience, including their attainment, wellbeing, and wider life chances.

The Department for Education published its revised statutory guidance on attendance in August, including a new national framework for issuing penalty notice fines. These changes are summarised in the following update:

Fines for parents for taking children out of school: What you need to know – The Education Hub (blog.gov.uk)

We will be publishing our revised Attendance Policy in November which will include details of the penalty notice fines issued by Lincolnshire County Council for unauthorised absence, including unauthorised term time holidays.

Reporting Absence to School

Parents/carers must ensure that they phone or email School before 9am to report absence. We must be notified on every day of absence, unless alternative arrangements have been made for long term illness.

Telephone: **01775 719714** or email **enquiries@spaldinghigh.lincs.sch.uk**

Appointments

Every effort must be made to make medical/dental appointments outside of school time. Parents/carers must notify our Attendance Officer, Mr J Skinner, **Jason.skinner@spaldinghigh.lincs.sch.uk** in advance of any appointments, including evidence of the appointment.

Mrs T Waldron, Deputy Headteacher

Spam/Junk Email

It has come to our attention that some of our parental emails are not being received as they are going straight to spam/junk. To minimise the chances of this happening please add our School InTouch email address (**9254027@sims-communications.co.uk**) as an approved/safe sender. Equally, please check your spam/junk folder for any School emails that you may have missed – if they are in spam/junk folders please mark them as safe.

School Office

Friday 4th October - #HelloYellow

On Friday 7th October, we invited staff and pupils to wear one item of yellow clothing or more as part of a non-school uniform day, in order to raise awareness for mental health issues amongst young people. The charity that we were raising money for was Young-Minds. Their aim is to make sure that children and young people get the best possible mental health support and have the resilience to overcome difficulties. We felt that this was not only a worthy cause to support, but also an incredible resource for pupils, parents and schools. We are extremely proud of our school community for coming together to raise an impressive **£750**.

Over the past few weeks, we have been promoting this cause through assemblies and tutor time, highlighting the importance of supporting each other to promote positive mental health and reflecting on how we can practise self help. Pupils were shown the Young Minds website and the services/support they offer.

Thank you again to pupils, staff, parents and carers for their support. I would like also to thank the Evie Duffill and the Charity Committee for their support with creating virtual posters and promoting this amongst pupils, as well as the 6th form pupils who helped take photos on the day.

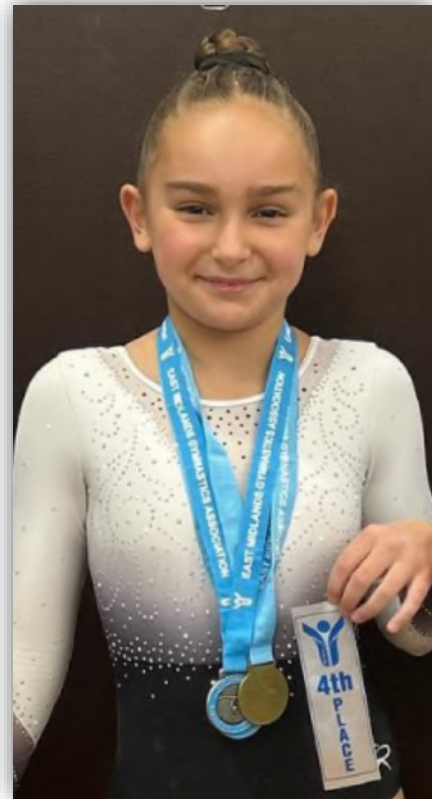
Mrs Hickman, SENDCo



Celebrating The Individual in Y7 - Marnie Thompson 7S

On Sunday 6th October, Marnie took part in the Regional FIG & Classic Challenge Championships at Leicester. She came 2nd overall in her age group and 3rd overall over all age groups. She won gold on Floor, 4th on Bars, 2nd on Beam and 3rd on Vault.

She has now qualified to be part of the East Midlands team at the National Finals in November.



Miss Magnus, PE Department

Y8 Achievements



Kashi Sisodiya 8C

Kashi has been playing piano since she was five years old. It was lovely to hear her play as we entered 8C's assembly on Tuesday morning.

Penny Maxwell 8N

This is my toy poodle, Mimi. You may recognise her from the Weekly Bulletin a couple of weeks ago. I entered Mimi into a local competition along with 600+ entrants, and she has been placed in the 'Top 15' final. The competition is 'The new face of Rookes' which is a local pet supplier. It is now up to the public to vote for who they think should be 'The face of Rookes'. The competition closes on the 27th October and the winner will be announced on the 31st of October. Fingers crossed!

Good luck Mimi!



Rebeka Joyce 8C

My achievement is that I won first place in the Juniors' Archery at my Archery Club. I only started in February and train every Tuesday evening. When I started, I saw many adults getting awards (usually during league night which happens on the first Tuesday of every month) but I never thought I would be good enough to win a League Night or to even participate. Then in August, my Dad and I started competing in League Nights, he won the second one we did. I kept persevering and competing but never thought I could win, then on the first Tuesday in October we got the results back and I won the Junior category!

Well done Rebeka!

Mia Clark-Atkins 8N

Well done to Mia! She has recently started at Fenland Flyers Trampolining Club and took part in her first competition last weekend in Hull. I know she had to overcome anxiety and nerves, but after an excellent routine won a gold medal.

An amazing achievement Mia, I hope you continue to grow in confidence as you begin to learn and develop your skills. I look forward to hearing about your success at any future competitions

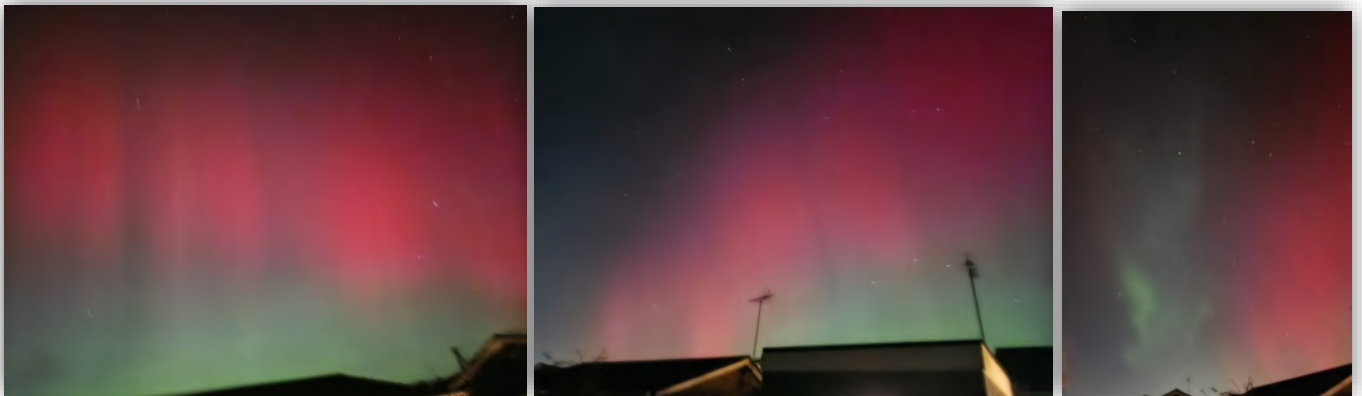


Harriet Woodcock 8S

Well done to Harriet who competed at Eagles Gymnastics club in King's Lynn last weekend for her first away Gymnastics competition. Harriet competed in the 12-13 category and placed 2nd on Bars and 4th in Vault. Continue persevering with those more difficult skills and continue to update me on your future successes.

Rebecca Verrells 8C

Rebecca was lucky enough to see the Northern lights last Thursday evening after her sister woke her up after a late dog walk to look out the window!



Well done to 8C for their assembly this week, it was great to see the whole form getting involved and everyone participating. Speaking in front of your peers is not easy but you all spoke very clearly and the messages about perseverance was engaging and interesting. Thank you also to Mrs Nowak for helping 8C!

Finally congratulations to Ava Willis 8P who is our new Y8 School Council Year Rep.

It is always the highlight of my week reading all Y8's achievements and being able to share them in assemblies and the Weekly Bulletin, so thank you and keep them coming into me next term!

Miss Pascoe, Head of Y8

Sports News

U14 Football

On Wednesday 9th October, the U14 football team travelled to Hampton Gardens for Round Two of the ESFA National Cup. The team played very well with Katie unable to play in goal due to injury, but scoring instead to help the team to a 4-0 victory! This means the team progresses into the next round against John Ferneley College.



Miss Magnus, PE Department

GCSE PE Rock Climbing Trip

On Thursday 10th and Friday 11th October, the rest of the GCSE PE students attended their trip to Lincoln Rock Climbing Centre as part of their Non-examined Assessment (NEA) area of the GCSE qualification.

Students were assessed on their rope work (tying in and belaying), three points of contact with the wall, traversing, climbing at a limit and climbing overhanging terrain. The students should be really proud with their efforts and have each now been marked in rock climbing as a sport they can use towards their final grade.



Miss Jones, PE Department

Y9 Dance


In Y9, as part of the curriculum, pupils are asked to choreograph and perform a dance routine in the style of Street, using a range of choreographic principles to develop movement. They are asked to consider musicality, more complex formations and gesture throughout the piece to enhance performance quality. On Monday 14th October, 9J performed their final routines to the form and special guest, Mrs Spreckley. For some, the idea of performing in front of their peers is daunting, however, every single pupil had the confidence to do so, and I am most proud of how they displayed excellent teamwork and resilience over the previous five weeks to effectively produce their own routines to their chosen songs. Some pupils in the form developed their leadership skills further by teaching their groups a dance, whereas some developed their confidence, self-esteem and teamwork by engaging, supporting and learning from others. A huge well done to 9J!

**Miss Jones, PE
Department**



Music News

The School's musicians have been working really hard in preparation for this year's Christmas Concert, the Orchestra, String Group, Choir (now numbering well over one hundred members, it is still not too late to join us!) and Chamber Choir would love to see you in the audience on Monday 16th December. Tickets will be available from ScoPay or from the School from 1st November.



December 16th
refreshments :
6 : 30 pm
concert :
7 : 00 pm

SPALDING HIGH SCHOOL
Christmas Concert

tickets : £6 available on ScoPay or via School.

Science All Around Us

Photography Competition

Who can Submit?

EVERYONE!

What to do?

Submit a Science-Themed Photograph

A Small Caption Explaining the Science

PRIZES

Overall Winner

Best Photograph in each Year Group

Featured in a Calendar!

Deadline

~ 01.11.24 ~



Please send all entries to:
evie.wilkinson@spaldinghigh.lincs.sch.uk



Bronze Duke of Edinburgh Award

Some of our Y11 DoFE students were awarded their Bronze certificate and badge this week. This is an amazing achievement and comprises not only a self-sufficient two day walking and camping expedition to the Peak District but also a total of twelve months of volunteering in the community, physical activities and undertaking a new skill. All of the award holders should be very proud of their achievements! Wear your badge with pride!



Mr Garbett, DoE Manager

Sixth Form News

Celebrating The Individual in Sixth Form - Harriet Drewery, 6LM

On Thursday 10th and Friday 11th October, I competed in the British Dressage National Medium Silver Area Festival Championships with my horse (Amigo). This was my first time competing at this level at nationals and I was happy to have placed 2nd with 66% at the area festivals to qualify for the championships. I was excited to compete and was placed in the top 20 with a few mistakes in my test and 64% in a large class of over fifty other horses and riders and I was the highest placed U21 rider.



Bag2School

We are pleased to announce that **Spalding High School** has organised a clothes & shoe collection with **Bag2School**.

Bag2School is the UK's leading textile recycler and fundraiser working with schools and since its inception in 2001 it has now paid out over £36 million.

As well as raising vitally needed funds for **Spalding High School**, it also helps the environment by helping to divert unwanted textiles away from landfill. A recent DEFRA report has shown that textile collection schemes are helping to reduce the volume of textiles discarded as municipal solid waste. However it is a fact that as a nation we still send 350,000 tonnes of textiles to landfill every year.

By getting involved in our **Bag2School** collection, you have an opportunity to sort through your cupboards and wardrobes and donate unwanted textiles in the bag provided – this can include adults' and children's clothes, shoes (tied together please), hats, belts, handbags and soft toys, (please refer to <http://uk.bag2school.com/> for full details). In addition to raising much needed funds it will also raise awareness amongst the children of the benefits of recycling and reuse.

If you fill the donation bag and still have more then you can use any other bag to donate your items and don't forget to ask grandparents, friends and neighbours to have a sort out as well!

Bag2School will be collecting from **Spalding High School** on **Wednesday 6th November**. Please bring your bag (or bags!) to **Spalding High School** and help us have a really good collection.

We accept the following 'good quality' items for RE-USE:

- Men's, Ladies and Children's clothing
- Paired shoes (tied together or elastic band around)
- Handbags
- Hats
- Bags
- Scarves and ties
- Jewellery
- Lingerie
- Socks
- Belts
- Soft toys
- Household linen
- Curtains
- Towels
- Bedding (bed sheets, pillow cases and duvet covers)

We **DO NOT** accept:

- Duvets and blankets
- Pillows and cushions
- Carpets, rugs and mats (incl. bath, shower and toilet mats)
- Soiled, painted, ripped or wet clothing
- School uniforms with and without logo
- Corporate clothing and work wear
- Textile off cuts, yarns or threaded material

Bag2School



www.bag2school.com



Our next **Bag2School** collection has been arranged for

Wednesday 6th November 2024

Bags can be brought into school from the week before if it helps.

at9.. am / ~~pm~~

Any questions - please ask your school collection organiser Mrs Barats

www.bag2school.com

Careers Update

Life in Sixth Form – Y11

Last Thursday our Y13 subject prefects talked to our Y11 students about the A Level subjects they study and showed them examples of their work. The Y11 students engaged very well and asked many questions. Mrs Waldron and I also gave a presentation about life in sixth form and were joined by three current Y13 students talking about their experiences to date. We hope that students and parents/carers will join us for our Sixth Form Open Evening on Tuesday 12th November. It will be another opportunity for students to talk to current sixth formers and staff about studying A Levels with us at the High School next year. We look forward to seeing parents/carers and students on the evening.

Open Events for Post 16 Courses

Over the coming weeks and months many schools and colleges will be holding open events for students and parents to attend. It is particularly important for students in Y11 to see what their options are for pathways after GCSEs.

Here are links to some of the events which will be taking place soon at colleges which have previously been popular with our leavers:

[**Events Archive - Peterborough College**](#)

[**Events Archive - Stamford College**](#)

[**Events - Access Creative**](#)

[**Open Events | Boston College**](#)

Aspiring Allied Health Webinar

The NHS Lincolnshire Talent Academy is holding a virtual event for aspiring allied healthcare students on 29th October 5.30-8.00pm. Please see the flyer at the end of the bulletin.

Support:

As always, we can be contacted by email if parents or students in any year group have any queries:

[**Dawn.bushell@spaldinghigh.lincs.sch.uk**](mailto:Dawn.bushell@spaldinghigh.lincs.sch.uk)

[**Lucy.obrien@spaldinghigh.lincs.sch.uk**](mailto:Lucy.obrien@spaldinghigh.lincs.sch.uk)

Mrs Bushell, Careers Leader



Aspiring Allied Health Careers



Explore the careers that play an important part in the treatment and rehabilitation of patients

Open to individuals between 15 and 20 years old, this event offers a chance to meet professionals in a range of roles and gain insight into the skills and knowledge required for a career in allied health.

Virtual Event

Tuesday 29th October
5:30 pm - 8:00 pm

Registration closes on 28th October

TALENT ACADEMY

Inspiring Futures : Informing Careers

Register Today!

lincstalentacademy.org.uk/events

